



BRIGHAM AND  
WOMEN'S HOSPITAL  
Cardiovascular Wellness Service

Body By Brandy Fitness Center  
*and*  
Brigham and Women's Hospital  
Cardiovascular Wellness Service

Present

The Kick-off and the Grand Opening of  
**Body By Brandy Roxbury Wellness Center**  
*Come learn more about your health!*



Workout with  
**Boston's Hottest Fitness Instructors!**

Experience the cutting edge of fitness!  
Learn Zumba, Pilates, Hip-Hop, Yoga,  
Kickboxing, Step and Geo-Mat.

Participate in Nutrition and Motivational Workshops and Health Screenings.  
Raffle drawings, refreshments and more!



*This Event is Contagious, Motivating and Life Changing!*

**FIRST 100 PEOPLE RECEIVE BWH PEDOMETER**

**DATE:** Saturday, September 18, 2010  
**TIME:** 8 a.m. – 1p.m.  
**LOCATION:** Body By Brandy Fitness Center  
2181 Washington Street, Roxbury, MA 02119

**617-442-2187 or [www.bodybybrandy.com](http://www.bodybybrandy.com)**

*Reserve your space and register today!*